

Good Faith Estimate

Andrew Bingman Therapy, PLLC
NPI: 1346998416

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Good Faith Estimate

You are entitled to receive this “Good Faith Estimate” of what the charges could be for psychotherapy services provided to you. While it is not possible for a psychotherapist to know, in advance, how many psychotherapy sessions may be necessary or appropriate for a given person, this form provides an estimate of the total cost of services provided. Your total cost of services will depend upon the number of psychotherapy sessions you attend, your individual circumstances, and the type and amount of services that are provided to you. This estimate is not a contract and does not obligate you to obtain any services from the provider listed, nor does it include any services rendered to you that are not identified here.

This Good Faith Estimate is not intended to serve as a recommendation for treatment or a prediction that you may need to attend a specific number of psychotherapy visits. The number of visits that are appropriate in your case, and the estimated cost for those services, depends on your needs and what you agree to in consultation with your therapist. You are entitled to disagree with any recommendations made to you concerning your treatment and you may discontinue treatment at any time.

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Tax ID: 88-1137148

50 minute session (typical for individual therapy)

- **Cost for first meeting: Individual Diagnostic Session CPT 90791: \$200**
- **Cost per session: Psychotherapy Session 90834: \$200**

Estimate for 4-5 sessions monthly for weekly sessions: \$800-\$1000

Estimate for 2-3 sessions monthly for bi-weekly sessions: \$400-\$600

To make best progress, it is recommendation is that new clients begin with weekly sessions for the first 8-10 weeks (total: \$1800-\$2000). This allows for the necessary time to assess and understand your presenting concerns, build rapport, and begin any skill building you may need.

After this period, most clients either continue at this frequency or reduce either to biweekly or monthly depending on your progress and needs at that time. We will work collaboratively to ensure you are only attending sessions as needed and as deemed effective and helpful by you.

Due to the fact that your treatment planning is ongoing and dependent on your individual progress and needs, please be aware that a monthly schedule (12 sessions per year) would cost \$2400 for a year, a biweekly schedule (24 sessions per year) would cost \$4800 for a year, and a weekly schedule (50 sessions per year, assuming two weeks off for holidays or vacations) would cost \$10,000 for a year.

Although I will discuss an initial treatment plan with you regarding our recommended session frequency and revisit your session needs ongoing, you will confirm and consent to only one session at a time, which I will confirm with you at the end of each session. Therefore, you will never receive an unexpected bill or be “surprised” by additional services that you have not agreed to.

You have a right to initiate a dispute resolution process if the actual amount charged to you substantially exceeds the estimated charges stated in your Good Faith Estimate (which means \$400 or more beyond the estimated charges).

You are encouraged to speak with me at any time about any questions you may have regarding your treatment plan or the information provided to you in this Good Faith Estimate.